

## 7 How Would You Describe Mary?

### Background Information

Virtues are character traits that help us to become better people. We are inspired by holy people. We learn about their lives and want to be like them. Mary lived a virtuous life that was centered on her Son.

### Objective

To understand the virtues of Mary and work on our own

### Directions

- 1 Make sure each member of the family has a worksheet. Carefully read the list of virtues on the worksheet. Mary had each one of them.
- 2 Circle three virtues in **blue** that you think best describe Mary.
- 3 Work together to choose three virtues that describe each person in your family who is present, and circle them in **green** on that person's page.
- 4 Each person should choose one virtue to work on and circle it in **red**. Share what you choose with each other, and ask Mary to help you all work on the virtues you chose.
- 5 Take the pages home and put them in places where you will see them often, such as your refrigerator.

## 7 How Would You Describe Mary?

patient	obedient to the laws	accepting of God's will	compassionate
wise	ready to help others	loving	protective
pure	holy	faithful	prayerful
devout	forgiving	persistent	prophetic
wise	clean of heart	willing to take risks	peacemaker
courageous	joyful	blessed	humble
bold	gentle	flexible	loyal
thankful	hopeful	honest	sincere