



## SCRIPTURE QUOTE FOR THE WEEK



*“Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places. Therefore take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the equipment of the gospel of peace; besides all these, taking the shield of faith, with which you can quench all the flaming darts of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray at all times in the Spirit, with all prayer and supplication.”*

—Ephesians 6:11-18

## OPENING PRAYER

### ANIMA CHRISTI

Soul of Christ, sanctify me.  
 Body of Christ, save me.  
 Blood of Christ, inebriate me.  
 Water from the side of Christ, wash me.  
 Passion of Christ, strengthen me.  
 O good Jesus, hear me.  
 Within your wounds, hide me.  
 Let me never be separated from you.  
 From the evil one, protect me.  
 At the hour of my death, call me  
 and bid me to come to you—  
 That with your saints, I may praise you forever and ever.  
 Amen.



## COMMIT

This week the challenge is to never be without your weapon. Keep your rosary on you at all times, and pray it throughout the day. Maybe you are only able to pray a decade at a time, but do so contemplating the mystery and offering the decade up for someone and the poor souls in purgatory.



## CLOSING PRAYER

V. Lord, have mercy on us.

R. *Christ, have mercy on us.*

V. Lord, have mercy on us. Jesus, hear us.

R. *Jesus, graciously hear us.*

God the Father of Heaven, *R. Have mercy on us.*

God the Son, Redeemer of the world, [etc.]

God the Holy Spirit,

Holy Trinity, one God,

Jesus, Son of the living God,

Jesus, splendor of the Father,

Jesus, brightness of eternal light.

Jesus, King of glory.

Jesus, sun of justice.

Jesus, Son of the Virgin Mary.

Jesus, most amiable.

Jesus, most admirable.

Jesus, the mighty God.

Jesus, Father of the world to come.

Jesus, angel of great counsel.

Jesus, most powerful.

Jesus, most patient.

Jesus, most obedient.

Jesus, meek and humble of heart.

Jesus, lover of chastity.

Jesus, lover of us.

Jesus, God of peace.

Jesus, author of life.

Jesus, example of virtues.

Jesus, zealous lover of souls.

Jesus, our God.

Jesus, our refuge.

Jesus, father of the poor.

Jesus, treasure of the faithful.

Jesus, good Shepherd.

Jesus, true light.

Jesus, eternal wisdom.

Jesus, infinite goodness.

Jesus, our way and our life.

Jesus, joy of Angels.

Jesus, King of the Patriarchs.

Jesus, Master of the Apostles.

Jesus, teacher of the Evangelists.

Jesus, strength of Martyrs.

Jesus, light of Confessors.

Jesus, purity of Virgins.

Jesus, crown of Saints.

V. Be merciful, *R. spare us, O Jesus.*

V. Be merciful, *R. graciously hear us, O Jesus.*

V. From all evil, *R. deliver us, O Jesus.*

From all sin, deliver us, O Jesus.

From Your wrath, [etc.]

From the snares of the devil.

From the spirit of fornication.

From everlasting death.

From the neglect of Your inspirations.

By the mystery of Your holy Incarnation.

By Your Nativity.  
 By Your Infancy.  
 By Your most divine Life.  
 By Your labors.  
 By Your agony and passion.  
 By Your cross and dereliction.  
 By Your sufferings.  
 By Your death and burial.  
 By Your Resurrection.  
 By Your Ascension.  
 By Your institution of the most Holy Eucharist.  
 By Your joys.  
 By Your glory.

V. Lamb of God, who takest away the sins of the world,  
*R. spare us, O Jesus.*

V. Lamb of God, who takest away the sins of the world,  
*R. graciously hear us, O Jesus.*

V. Lamb of God, who takest away the sins of the world,  
*R. have mercy on us, O Jesus.*

V. Jesus, hear us.  
*R. Jesus, graciously hear us.*

Let us pray.

O Lord Jesus Christ, You have said, "Ask and you shall receive, seek, and you shall find, knock, and it shall be opened to you." Grant, we beg of You, to us who ask it, the gift of Your most divine love, that we may ever love You with our whole heart, in word and deed, and never cease praising You.

Give us, O Lord, as much a lasting fear as a lasting love of Your Holy Name, for You, who live and are King for ever and ever, never fail to govern those whom You have solidly established in Your love.

*R. Amen.*



## TIP FOR THE WEEK

In this session we discussed the powerful spiritual warrior St. Pio da Pietrelcina. Consider watching the movie *Padre Pio: Miracle Man* on [formed.org](http://formed.org). The movie can also be purchased at [ignatius.com](http://ignatius.com).