



# Who's in Your Saint Posse? Activity Center

## Worksheet

Use the reference materials provided to research your patron saints and form your own Saint Posse.

### How to Begin Your Research

1. Start with your name. You might be named after a saint. If so, that person is your patron saint. Don't be discouraged if there isn't an exact match. Remember that many modern names are derivatives of older names (Gina=Eugenia; Luis/Louis=Aloysius). Also, many girls' names are derivatives of boys' names (Marcia=Mark; Josie=Joseph). Finally, some names that seem very different are really variants of each other. Some examples include:

- ✦ Hannah, Ann, Nancy
- ✦ Gretchen, Margaret, Rita, Peggy
- ✦ Alexander, Sandy, Sasha, Lexy

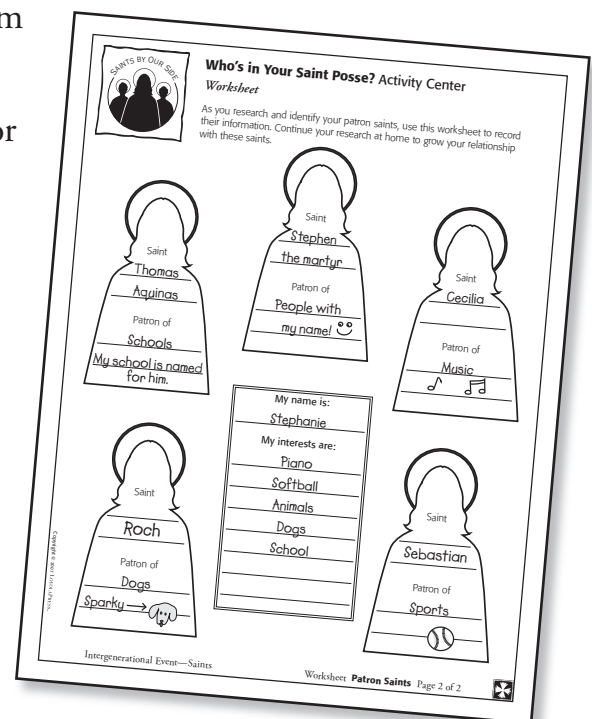
2. **What is the name of your parish?** That person is your patron saint because you are part of the parish that bears his or her name.

3. **Where do you live?** Your diocese, state and country all have patron saints. That makes them your patron saints too.

4. **Think about yourself.** Do you have a hobby or a job? Do you love sports or animals? Are you afraid of anything? There are patron saints for all of these things!

5. **Is there already a saint who inspires you?** If a saint inspires you, then that saint is your patron—no other reason or connection is necessary!

Using the patron list in the family handout as a starting point, brainstorm and write your ideas on the worksheet provided. Utilize additional reference materials if they are available.





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## Worksheet

As you research and identify your patron saints, use this worksheet to record their information. Continue your research at home to grow your relationship with these saints.

Saint

Patron of

Saint

Patron of

Saint

Patron of

My name is:

My interests are:

Saint

Patron of

Saint

Patron of

